



RETRONICHIA UP TO DATE

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Retronychchia is a specific form of post-traumatic ingrown toenail at the proximal nail fold, characterized by the formation of multiple stacked nail plates (polymeronychchia). There are three forms of retronychchia: acute, with slowed or arrested nail growth, perionychitis, and polymeronychchia with or without onycholysis; subacute, which is a continuous or episodic occurrence of retronychchia, with perionychchia that may slowly subside or worsen. There is chronic polymeronychchia with po-

lymeronychchia, pachyonychchia due to stacked columnar polymeronychchia, or onychogryphosis, and a shortened nail due to the disappearance of the distal third of the nail bed. Sometimes the nail has a yellowish color. For chronic retronychchia—as a treatment—nail filing performed by a dermatologist is recommended, followed by the application of a cosmetic nail tip, especially in women and during the summer months.